Core Centre Dance Schedule 2021-2022

CORE CENTRE
Dance & Fitness

THE ZONE
SPORTS COMPLEX
574.935.3939
thezonesportscomplex.org

ZONE GROUP EXERCISE MEMBERSHIP
$30/Month; $5.00/class drop in
Senior rate: $20/mth; $5/class
ZONE DANCE TUITION
$40/4 week; $15/drop in
Register Online at:
www.thesportszonecomplex.org

Monday	5:30-6:15 (Age 4-6)	Pre-school Ballet 1FL	6:30-7:30pm	Youth Ballet Private 1FL												
Tuesday	4:45pm-5:30pm (Ages 3.5-6) 1FL	Pre-School Acrodance w/Desiree	5:30-6:30pm (Ages 7-10)	Acrobatic Dance (1FL) GYM Destiny	6:30pm-7:30pm Teen to Adult	Latin Dance Night & Social 1FL										
Wednesday	5:00-6:15pm (Age 7-10)	Youth Ballet w/ Marcia	6:30pm-8:00pm	Adult Ballet w/ Marcia												
Thursday	4:00-5:00pm (Age 8-10)	Intro to Hip Hop Destiny 1FL/2FL RM	5:00-7:00pm (Age 10-Teen)	Hip Hop Elite Destiny 1FL/2FL RM	5:30-6:00 pm (Age 3-5)	Tap 1 'N Groove Miss Liz 1FL RM	6:00-6:45pm (Age 6-9)	Tap 2 'N Groove Miss Liz 1FL RM	6:45-7:30pm (Age 10+)	Tap 3 'N Groove Miss Liz 1FL RM	7:30-8:15 pm (Adult/ Skill Based)	Tap 4 'N Groove Miss Liz 1FL RM	8:15-9:00 pm (Adult/Skill Based)	Tap 5 'N Groove Miss Liz 1FL RM		
Friday	6:30pm-7:30pm	Latin & Swing Dance 1FL	7:30pm-9:00pm 1FL	NewSong Couples Dance (Monthly)									**Child care available soon... (24hr notice)**			
Saturday													***Membership*** **Fitness $ 30/mth Senior Fitness: $20/mth; $5/class Dance $40/mth Childcare $5**			
Sunday	**1:15-3:30pm 1FL Room**	**Las Chicas Troupe** (BOW/ Varies)														

Cardio	Strength	Yoga	ZONE TIME	Dance	Senior	Martial Arts
Tabata GROOV3 Spin Zumba	RIP	Trapeze Yoga Fit	Basketball Volleyball	Hip Hop Ballet Acrobatic Dance Latin & Swing Tap Ballroom		Coming Soon...